



REGEN COLORADO
REGENERATIVE MEDICINE SPECIALISTS AT FRONT RANGE PAIN MEDICINE

☐ **Loveland Office** - 1605 Foxtrail Dr. Loveland, CO 80538. Use Northwest doors marked “Procedure Room Entrance”

PRE-OP INSTRUCTIONS:

- **MORNING PROCEDURES** – nothing to eat or drink after midnight
- **AFTERNOON PROCEDURES** – no food eight (8) hours prior to your procedure – you may drink clear liquids up to four (4) hours prior to your procedure.
- **STOP NON-STEROIDAL ANTI-INFLAMMATORY MEDICATIONS:** (Aspirin, Ibuprofen, Motrin, Advil, Aleve, Naprosyn), Omega 3 fish oils, multi-vitamins and vitamin E products **seven (7) days** prior to your procedure. If you are on **PRESCRIPTION BLOOD THINNERS** see special precautions below.*
- You may take Tylenol and Narcotics/Opiates if needed for pain control.
- Continue all of your other prescription medications: (blood pressure, thyroid, cholesterol, etc.)
 - * **IF YOU ARE ON A PRESCRIPTION BLOOD THINNER:**
(i.e. Coumadin, Warafirin, Pradaxa, Eliquis, Xeralto, Plavix, Effient, Brilanta, Aggrenox)
We **MUST** have permission from the prescribing doctor to discontinue that medication for five (5) days prior to your procedure or as directed by your physician. Once permission is obtained the coordinator will contact you and advise accordingly.
 - * **IF IT IS OK FOR YOU TO DISCONTINUE YOUR COUMADIN, WARFARIN, JANTOVEN:**
You will need to have a blood draw the morning of your procedure. You will also **hand deliver** your results to the procedure area upon checking in.
- **YOU MUST ARRANGE FOR A RIDE HOME IN ADVANCE! You will not be permitted to drive, walk, take a cab or Uber home. You cannot leave the facility alone. If you do not have a ride home with a responsible, capable adult your procedure will be canceled.**
- PLEASE BRING A LIST OF ALL MEDICATIONS AND SUPPLEMENTS THAT YOU ARE TAKING ALONG WITH ANY ALLERGIES.
- Please wear loose, comfortable clothing that you don’t mind getting blood or betadine soap on.

If you have any questions please feel free to contact our scheduling coordinators at
(970) 495-0506 x.115 or 217